

Sisters for Yah

Are you displaying Yahweh through your life?

One of my favorite Scriptures is Philippians 2:12b-13 which reminds us that we should, *...work out [our] own salvation with fear and trembling; for it is Yahweh Who works in you both to will and to do for [His] good pleasure.*

Let us not forget that salvation is NOT an event; it is a process. It is true that salvation is Yahweh's gift to us, and there is nothing we can do to save ourselves (just being a "good person" is not going to cut it). (See Ephesians 2:8-9). Yet, with Yahweh's gift of salvation comes the responsibility to work out our salvation.

We have victory over sin when we accept Yahweh's gift of salvation. We become a new creation at baptism. All our past sins are washed away and we get a clean slate. Many believers make the mistake of dredging up their past sins and mistakes. This causes unneeded inner turmoil and suffering. I have seen many believers go through depression and anxiety because they can't forgive themselves for the wrong choices they made before baptism. Yahweh has forgiven us; we need to forgive ourselves. Let the past stay buried.



Yahweh wants us to move forward and build new things into our lives as we walk in Yahshua's footsteps. Remember the joy and first love you felt at your baptism? Yahweh wants to fill you with joy daily. When we accepted Yahshua's sacrifice, we basically relinquished our rights to our lives. Our lives no longer belong to us; we were bought with a great price. We must continue to yield our will to Him and follow His leading rather than setting our own direction to our lives.

This is a great paradox. We must realize that salvation is a free gift, but at the same time strive toward perfection. As we see Yahweh work in us, we are motivated to work even more diligently. Yahweh doesn't force His will on us. Neither can we build character by our own strength. At this point, I must caution new believers not to get too confident in their own righteousness. Many have fallen away after saying, "Satan has no influence over my life. I never sin!" Satan roams around like a roaring lion to see whom he can devour. We are not to fear him, but recognize that we must bring every thought into captivity. May Yahweh bless everyone this upcoming Fall Holy Day season!

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FEAST OF TABERNACLES PACKING LIST

1. Bible.
2. Notebook and pen to take notes during services
3. Head coverings for ladies.
4. Casual and dressy clothing, socks, shoes, underwear, sleep clothes, and light jacket.
5. Umbrella.
6. Coved-19 mask(s), for when going into town.
7. Medications, and/or supplements.
8. Sleeping bag or bedding.
9. Pillow.
10. Clothes hangers.
11. Towels and washcloths.
12. Toiletries, such as: shampoo, conditioner, deodorant, bath soap, and hand sanitizer.
13. Toothbrush, toothpaste, floss, denture supplies.
14. Hairbrush or comb.
15. Airplane tickets, bus tickets, train tickets, passports/visas (if needed).
16. Tent and tent supplies.
17. Food and snacks to tide you over until the first High Day meal.
18. If you are driving, service your vehicle or RV to make sure no problems exist.
19. Put your mail on hold for 9 days.
20. Use up food in your fridge that may expire while you are gone.
21. Take out trash.
22. Put newspaper deliveries on hold.
23. Most of us, bring a big smile and positive attitude!



On the job training



Even really young children can help in the kitchen! Kids love to help. Teach them young to set and clear the table, and how to properly serve themselves. When youngsters are allowed to help, they feel like they

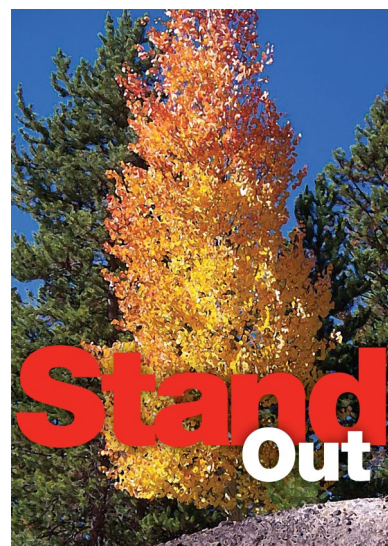
are an important part of the family. It also creates a very positive environment. Mealtime becomes fun rather than a struggle. Many parents are hesitant to let their children help, but start small. Teach them to properly wash their hands before helping in the kitchen. Explain why this is very important. Next, try easy tasks such as washing and drying fruits and vegetables. Then they can learn to fold napkins and be a good “helper.” All moms enjoy help in the kitchen!



You can make a difference!

Have you ever been in the uncomfortable situation in which you see a fellow believer wandering from the truth? I have, numerous times. Some people choose not to get involved when they see other believers sinning or struggling with their faith. At times, we may need to be an intercessor. Sin kills relationships, dismantles marriages, stifles joy, and destroys peace.

When we see someone heading toward a slippery slope, how should we respond? As gently as possible! Express your concerns to your brother or sister privately without harshly shaming them. Pray fervently before confronting them, too. Ask Yahweh to soften your heart and put His words in your mouth. This will safeguard your motives and prepare you to be a help to your brethren. Be alert. In the event that Yahweh reveals to you to confront someone, prepare for some resistance. People don't like being told they are wrong. Be loving and gentle. Don't gossip about the person either. A small spark can start a forest fire. Read James 5:19-20 which tells us, *Brethren, if anyone among you wanders from the truth, and someone turns him back, let him know that he who turns a sinner from the error of his way will save a soul from death and cover a multitude of sins.*



An Indian Legend: The Two Wolves

(Submitted by Sister Loretta Overman)

One evening an old Cherokee Indian told his grandson about a battle that goes on inside people. He said, "My son, the battle is between two 'wolves' inside us all. One is Evil. It is anger, envy, jealousy, sorrow, regret, greed, arrogance, self-pity, guilt, resentment, inferiority, lies, false pride, superiority, and ego. The other is Good. It is joy, peace, love, hope, serenity, humility, kindness, benevolence, empathy, generosity, truth, compassion, and faith."

The grandson thought about it for a minute and then asked his grandfather, "Which wolf wins?"

The old Cherokee simply replied, "The one you feed."

This is such a lovely story: so simple and yet so true. I think each one of us has these two wolves running around inside us. The Evil wolf or the Good wolf is fed daily by the choices we make with our thoughts. What you think about and dwell upon will in a sense appear in your life and influences your behavior.

We have a choice, feed the Good wolf and it will show up in our character, habits, and behavior positively. Or feed the Evil wolf and our whole world will turn negative: like poison, this will slowly eat away at our soul.



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Fast and easy chili

- 1 pound ground beef or turkey, cooked and drained
- 1 small onion, chopped and sauteed in oil or butter
- 3 cans (15 ounce each) diced tomatoes with green chilies, undrained
- 2 cans (15 ounce each) beans, any type
- 2 T. chili powder

Optional toppings: Shredded cheese, corn chips, chopped green onions, sour cream, and/or cilantro.

Simmer all the ingredients on low heat about 10 minutes. Ladle into bowls and top with desired toppings.



Baked Lemon Chicken



- 4 boneless skinless chicken breasts, about 2 1/2 pounds
- 1/4 cup olive oil
- 2 t. dried oregano
- 2 t. dried thyme
- 2 t. garlic powder
- 2 t. salt
- 1/2 t. pepper
- 1/2 cup dry white wine or chicken broth
- 6 cloves garlic, minced
- 1 T. grated lemon zest (the outermost yellow skin)
- 2 T. lemon juice
- 1 T. brown sugar



Place the chicken in a 9 by 13 pan. Mix up the rest of ingredients and pour over the chicken. Bake for about 30 minutes until the middle of chicken is cooked through, basting with the juices halfway through.